



Helena, MT 59601  
406/282-1744 (office phone)

[capitalcityconsultants@gmail.com](mailto:capitalcityconsultants@gmail.com)

<http://www.capitalcityconsultantsonline.com>

## ADULT SEXUAL & RELATIONSHIP HISTORY

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

### CHILDHOOD HISTORY:

### COMMENTS

1. **From whom did you find out about sex as a child?**

(Check all that apply)

- a. Parents
- b. Brother (s)
- c. Sister (s)
- d. Relatives
- e. Other Kids
- f. Sex Education

---

---

---

---

---

---

---

2. **How often was sex discussed openly and comfortably in your home?**

Never Rarely Some Fairly Very  
 1 2 3 4 5  
 Times Often Often

---

---

---

3. **As a child (through age 12) were you aware of any sexual abuse or sexual assaults on any other person?**

1 2 3 4 5

---

4. **Did you have difficulty with bedwetting?**

Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, how long? \_\_\_\_\_

---

5. **At what age did you first masturbate?** \_\_\_\_\_ age

Comment on whether masturbation increased or decreased at anytime. \_\_\_\_\_

---

---

Comment on what places you masturbate. \_\_\_\_\_

6. Did your parents or caretakers punish you for masturbating or any other childhood sexual activity?

		Some	Fairly	Very	
	Never	Rarely	Times	Often	Often
	1	2	3	4	5

7. Have you used fantasy while masturbating?

1	2	3	4	5
---	---	---	---	---

Please describe typical fantasies -----

8. Were you ever sexually abused as a child (through age 12)?

Yes \_\_\_\_ If yes answer questions 9 through 14.

No \_\_\_\_ If no go to question 15.

9. When I was a child the following people had sex with me.

		Some	Fairly	Very	
	Never	Rarely	times	Often	Often

- a. Mother/Stepmother 1 2 3 4 5
- b. Father/Stepfather 1 2 3 4 5
- c. Sister/ Stepsister 1 2 3 4 5
- d. Brother/ stepbrother 1 2 3 4 5
- e. Other relative 1 2 3 4 5
- f. Friend of family 1 2 3 4 5
- g. Other Person 1 2 3 4 5

10. Sex of the person who forced you to have sex was?

Male \_\_\_\_\_ Female \_\_\_\_\_

11. When I had sex as a child (through age 12):

- a. I was willing to have sex 1 2 3 4 5
- b. I was bribed to have sex 1 2 3 4 5
- c. I was forced by verbal threat 1 2 3 4 5
- d. I was physically forced 1 2 3 4 5

12. What sexual acts were you forced to do as a child (through age 12)?

- a. touching and fondling 1 2 3 4 5
- b. Taking pictures of movies 1 2 3 4 5
- c. He/she performed oral sex on me 1 2 3 4 5
- d. I performed oral sex on him / her 1 2 3 4 5
- e. She had me perform intercourse 1 2 3 4 5
- f. He performed anal intercourse on me. 1 2 3 4 5

13. **Over how long a period of time were you forced to have sex?** (circle all that applies)

- a. One time only
- b. 1-3 weeks
- c. 1-6 months
- d. 6-12 months
- e. Over 12 months

---

---

---

---

---

---

14. **How serious an effect did the sexual abuse have on the rest of your life?**

			Some		
	No	Little	what	Fairly	Very
	Effect	Effect	Serious	Serious	Serious
	1	2	3	4	5

Please Comment \_\_\_\_\_

---

---

---

---

---

---

**COMMENTS**

**ADOLESCENT HISTORY:**

15. **At what age did you have your first heterosexual date?** \_\_\_\_\_ Age

---

---

16. **When compared to others your same age, how often did you date girls?**

			Some	Fairly	Very
	Never	Rarely	Times	Often	Often
	1	2	3	4	5

---

---

---

17. **With whom were you involved sexually as an adolescent?**

- a. with girls            1      2      3      4      5
- b. with boys           1      2      3      4      5
- c. with adult women   1      2      3      4      5
- d. with adult men     1      2      3      4      5

---

---

---

---

---

18. **How would you describe your sexual activities during adolescence?**

- Some kissing and making out      1      2      3      4      5
- Manipulating partners genital area      1      2      3      4      5
- Partner manipulating your genitals      1      2      3      4      5
- Performing oral sex on your partner      1      2      3      4      5
- Partner performing oral sex on you      1      2      3      4      5
- Performing anal sex on your partner      1      2      3      4      5
- Partner performing anal      1      2      3      4      5

---

---

---

---

---

---

---

---

sex on you

Vaginal intercourse 1 2 3 4 5 \_\_\_\_\_  
\_\_\_\_\_

Describe in the column to the right, any other typical sexual activities. \_\_\_\_\_  
\_\_\_\_\_

19. At what age did you first have intercourse? \_\_\_\_\_ age \_\_\_\_\_

Describe in the column to the right, the experiences and with whom: \_\_\_\_\_  
\_\_\_\_\_

20. How often would you have intercourse? \_\_\_\_\_

	Never	Rarely	Some Times	Fairly Often	Very Often
a. Ages 11-14	1	2	3	4	5
b. Ages 15-18	1	2	3	4	5
c. Ages 18-21	1	2	3	4	5

21. How would you rate yourself as a sexual partner? \_\_\_\_\_

	Not Good	Some Good	What Good	Fairly Good	Very Good
a. As an adolescent	1	2	3	4	5
b. As an adult	1	2	3	4	5

**ADULT HISTORY:**

22. How many sexual partners have you had as an adult (since age 21)? \_\_\_\_\_ number (If your not sure, please estimate the number.) \_\_\_\_\_  
\_\_\_\_\_

23. What age and sexes interest you sexually? \_\_\_\_\_

	Never	Rarely	Some Times	Fairly Often	Very Often
a. Adult females	1	2	3	4	5
b. Adult males	1	2	3	4	5
c. Adolescent females	1	2	3	4	5
d. Adolescent males	1	2	3	4	5
e. Child females	1	2	3	4	5
f. Child males	1	2	3	4	5

24. What was your marital status at the time you committed the offense that got you into this program? \_\_\_\_\_  
\_\_\_\_\_

- a. Single
- b. Married
- c. Divorced
- d. Separated
- e. Widowed

25. How many times have you been married? \_\_\_\_\_  
\_\_\_\_\_

26. **Marriage and Relationships: Please identify each major live-in relationship or marriage beginning with the most recent.**

A. **Most recent:** Gender? \_\_\_\_\_

1. Year relationship began? \_\_\_\_\_ Ended? \_\_\_\_\_

2. How often were satisfied with emotional closeness of the relationship?

			Some	Fairly	Very
	Never	Rarely	Times	Often	Often
	1	2	3	4	5

3. How often were you satisfied with the sexual part of the relationship?

1 2 3 4 5

4. How free were you and your partner in discussing sexual matters?

1 2 3 4 5

5. How frequently did you desire sexual intercourse and your partner didn't?

1 2 3 4 5

6. How often did you have affairs?

1 2 3 4 5

7. How often did your partner have affairs?

1 2 3 4 5

8. Number of children:

Boys \_\_\_\_\_ Girls \_\_\_\_\_

9. If in a relationship now, do you think it last? Yes \_\_\_\_\_ No \_\_\_\_\_ Comment: \_\_\_\_\_

B. **Next Most Recent:** Gender? \_\_\_\_\_

1. Year relationship began? \_\_\_\_\_ Ended? \_\_\_\_\_

2. How often were you satisfied with the emotional closeness of the relationship?

				Some	Fairly	Very
	Never	Rarely	Times	Often	Often	
	1	2	3	4	5	

3. How often were you satisfied with the sexual part of the relationship?

1 2 3 4 5

4. How free were you and your partner in discussing sexual matters?

1 2 3 4 5

5. How often did you have affairs?

1 2 3 4 5

6. How often did your partner have affairs?

1 2 3 4 5

7. How often did your partner have affairs?  
1 2 3 4 5 \_\_\_\_\_

8. Please comment on the highlights and quality of your relationship. \_\_\_\_\_

9. Number of children:  
Boys \_\_\_\_\_ Girls \_\_\_\_\_

**C. Next Most Recent:** Gender? \_\_\_\_\_

1. Year relationship began? \_\_\_\_\_ Ended? \_\_\_\_\_

2. How often were you satisfied with the emotional closeness of the relationship?  
1 2 3 4 5 \_\_\_\_\_

**COMMENTS**

Never Rarely Some Times Fairly Often Very Often

3. How often were you satisfied with the sexual part of the relationship?  
1 2 3 4 5 \_\_\_\_\_

4. How frequently did you desire sex and your partner did not?  
1 2 3 4 5 \_\_\_\_\_

5. How free were you and your partner in discussing sexual matters?  
1 2 3 4 5 \_\_\_\_\_

6. How often did you have affairs?  
1 2 3 4 5 \_\_\_\_\_

7. How often did your partner have affairs?  
1 2 3 4 5 \_\_\_\_\_

8. Please comment on the highlights and quality of your relationship. \_\_\_\_\_

9. Number of children:  
Boys \_\_\_\_\_ Girls \_\_\_\_\_

**D. Next Most Recent** Gender? \_\_\_\_\_

1. Year relationship began? \_\_\_\_\_ Ended? \_\_\_\_\_

2. How often were you satisfied with the emotional closeness of the relationship?  
1 2 3 4 5 \_\_\_\_\_

3. How often were you satisfied with the sexual part of the relationship?  
1 2 3 4 5 \_\_\_\_\_

4. How frequently did you desire sex and your

- partner did not? \_\_\_\_\_  
 1 2 3 4 5
6. How often did you have affairs? \_\_\_\_\_  
 1 2 3 4
7. How often did your partner have affairs? \_\_\_\_\_  
 1 2 3 4 5
8. Please comment on the highlights and quality of your relationship. \_\_\_\_\_
9. Number of children: \_\_\_\_\_  
 Boys \_\_\_\_\_ Girls \_\_\_\_\_

**27. In what kinds of sexual play have you participated?**

- a. Manipulating partners genital area 1 2 3 4 5 \_\_\_\_\_
- b. Partner manipulating your genital 1 2 3 4 5 \_\_\_\_\_

- |  | Never | Rarely | Some Times | Fairly Often | Very Often |       |
|--|-------|--------|------------|--------------|------------|-------|
| c. Performing oral sex on your partner | 1     | 2      | 3          | 4            | 5          | _____ |
| d. Partner performing oral sex on you  | 1     | 2      | 3          | 4            | 5          | _____ |
| e. Performing anal sex on your partner | 1     | 2      | 3          | 4            | 5          | _____ |
| f. Partner performing anal sex on you  | 1     | 2      | 3          | 4            | 5          | _____ |
| g. Vaginal intercourse                 | 1     | 2      | 3          | 4            | 5          | _____ |

**COMMENTS**

**28. As an adult have you had difficulty with any of the following?** \_\_\_\_\_

- |                                       | Never | Rarely | Some Times | Fairly Often | Very Often |       |
|---------------------------------------|-------|--------|------------|--------------|------------|-------|
| a. Techniques of petting and foreplay | 1     | 2      | 3          | 4            | 5          | _____ |
| b. Positions in intercourse           | 1     | 2      | 3          | 4            | 5          | _____ |
| c. Partners inactivity                | 1     | 2      | 3          | 4            | 5          | _____ |
| d. Partners not achieving orgasm      | 1     | 2      | 3          | 4            | 5          | _____ |
| e. Difficulty in achieving erection.  | 1     | 2      | 3          | 4            | 5          | _____ |
| f. Difficulty in maintaining erection | 1     | 2      | 3          | 4            | 5          | _____ |
| g. Size of your penis                 | 1     | 2      | 3          | 4            | 5          | _____ |

**29. a. As an adult, and up until the now how frequently did you masturbate?**  
 (Circle letter for answer that applies).

1. More than once a day      2. At least once a day      \_\_\_\_\_
3. Once or twice a week      4. Once or twice a month      \_\_\_\_\_
5. Less than once a month

b. As an adult what stimulus have you utilized when you masturbate?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- 1. Magazines
- 2. Movies
- 3. Stories
- 4. Articles of clothing
- 5. Videos
- 6. Other \_\_\_\_\_

c. Have you felt your masturbation was excessive?  
\_\_\_\_\_Yes \_\_\_\_\_No

**COMMENTS**

30. What kinds of fantasies have you most typically used for masturbation?

Some Fairly Very  
Never Rarely Times Often Often

- a. Adult females (over 17) 1 2 3 4 5
- b. Adult males (over 17) 1 2 3 4 5
- c. Adolescent females 1 2 3 4 5
- d. Adolescent males 1 2 3 4 5
- e. Child females (thru 12) 1 2 3 4 5
- f. Child males (thru 12) 1 2 3 4 5

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Sexual Offense History:**

31. Which of the following experiences have you had for sexual pleasure?

Some Fairly Very  
Never Rarely Times Often Often

- a. I have window peeped. 1 2 3 4 5
  - 1. If yes, did you masturbate while peeping? 1 2 3 4 5
  - 2. If yes, describe peeping behavior \_\_\_\_\_
  - 3. If yes, estimate the number of victims \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

b. I have made obscene phone calls (talked dirty to strange women)

Some Fairly Very  
Never Rarely Times Often Often

- 1. If yes, did you masturbate while peeping? 1 2 3 4 5
- 2. If yes, describe peeping behavior \_\_\_\_\_
- 3. If yes, describe phone call behavior \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

c. Have you purposefully gotten sexually aroused by rubbing up against people without their permission?

Some Fairly Very  
Never Rarely Times Often Often

- 1. If yes, would you have a sexual climax? 1 2 3 4 5
- 2. If yes, estimate the number of victims \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



3. If yes, describe the situations and victims \_\_\_\_\_

**COMMENTS**

d. I have exhibited my genitals to another person (flashing). \_\_\_\_\_

- |  |       |        |       |        |       |  |
|--|-------|--------|-------|--------|-------|--|
|  |       |        | Some  | Fairly | Very  |  |
|  | Never | Rarely | Times | Often  | Often |  |
|  | 1     | 2      | 3     | 4      | 5     |  |
1. If yes, would you also masturbate? \_\_\_\_\_
2. If yes, estimate the number of victims \_\_\_\_\_
3. If yes, describe the situations, locations, etc. \_\_\_\_\_

e. I have dressed in women's clothing or underwear to get sexually aroused. \_\_\_\_\_

- |  |       |        |       |        |       |  |
|--|-------|--------|-------|--------|-------|--|
|  |       |        | Some  | Fairly | Very  |  |
|  | Never | Rarely | Times | Often  | Often |  |
|  | 1     | 2      | 3     | 4      | 5     |  |
1. If yes, would you also masturbate? \_\_\_\_\_
2. If yes, describe the situations, how used, etc. \_\_\_\_\_

f. I have paid a prostitute for sex. \_\_\_\_\_

- |  |       |        |       |        |       |  |
|--|-------|--------|-------|--------|-------|--|
|  |       |        | Some  | Fairly | Very  |  |
|  | Never | Rarely | Times | Often  | Often |  |
|  | 1     | 2      | 3     | 4      | 5     |  |
1. If yes, estimate the number of times. \_\_\_\_\_
2. If yes, describe the situation and the setting. \_\_\_\_\_

g. I have used pornography to get sexually aroused. (i.e. magazines, pictures, videos, Internet) \_\_\_\_\_

- |  |       |        |       |        |       |  |
|--|-------|--------|-------|--------|-------|--|
|  |       |        | Some  | Fairly | Very  |  |
|  | Never | Rarely | Times | Often  | Often |  |
|  | 1     | 2      | 3     | 4      | 5     |  |
1. If yes, describe use of pornography. \_\_\_\_\_

h. I have had sexual contact with animals. \_\_\_\_\_

- |  |       |        |       |        |       |  |
|--|-------|--------|-------|--------|-------|--|
|  |       |        | Some  | Fairly | Very  |  |
|  | Never | Rarely | Times | Often  | Often |  |
|  | 1     | 2      | 3     | 4      | 5     |  |
1. If yes, estimate the number of times. \_\_\_\_\_
2. If yes, describe the circumstances, kind of animals, and the setting. \_\_\_\_\_

**COMMENTS**

i. I have had sexual contact with a dead person.

		Some	Fairly	Very
Never	Rarely	Times	Often	Often
1	2	3	4	5

1. If yes, estimate the number of times. \_\_\_\_\_

2. If yes, describe the circumstances. \_\_\_\_\_  
\_\_\_\_\_

j. I have urinated or defecated on someone or had them urinate or defecate on me for sexual pleasure.

		Some	Fairly	Very
Never	Rarely	Times	Often	Often
1	2	3	4	5

1. If yes, describe the circumstances. \_\_\_\_\_  
\_\_\_\_\_

k. I have had or attempted to have sex with more than one person at the same time.

		Some	Fairly	Very
Never	Rarely	Times	Often	Often
1	2	3	4	5

1. If yes, estimate the number of times. \_\_\_\_\_

2. Describe the setting. \_\_\_\_\_  
\_\_\_\_\_

l. I have watched someone else have sex or I have been watched by someone while I was having sex.

		Some	Fairly	Very
Never	Rarely	Times	Often	Often
1	2	3	4	5

1. If yes, number of times. \_\_\_\_\_

2. If yes, describe circumstances. \_\_\_\_\_  
\_\_\_\_\_

m. I have participated in, or attempted sexual activity where physical pain or humiliation, was involved. (Belts, whips, etc)

		Some	Fairly	Very
Never	Rarely	Times	Often	Often
1	2	3	4	5

1. If yes, number of times. \_\_\_\_\_

2. If yes, describe the activity. \_\_\_\_\_  
(Includes sadism, masochism, bondage, spanking, etc)

**COMMENTS**

n. I have physically hurt or tried to physically hurt someone during a sexual encounter.

			Some	Fairly	Very
Never	Rarely	Times	Often	Often	
1	2	3	4	5	

1. If yes, number of times. \_\_\_\_\_

2. If yes, describe the activity \_\_\_\_\_

\_\_\_\_\_

o. I have used or attempted to use objects for sexual stimulation.

			Some	Fairly	Very
Never	Rarely	Times	Often	Often	
1	2	3	4	5	

3. If yes, number of times. \_\_\_\_\_

4. If yes, describe the activity \_\_\_\_\_

\_\_\_\_\_

p. I have engaged in autoerotic behavior, i.e., cutting off my or another's air while masturbating or having sex?

			Some	Fairly	Very
Never	Rarely	Times	Often	Often	
1	2	3	4	5	

32. **How old were you when you first sexually assaulted another person?** \_\_\_\_\_ (age)

33. **How strong a factor was alcohol in your sexual assault(s)?**

No at	Very	Some	Pretty	Very
All	Little	What	Strong	Strong
1	2	3	4	5

34. **How strong a factor do you feel drugs, other than alcohol, were a factor in your sexual assault(s)?**

No at		Some	Pretty	Very
All	Little	What	Strong	Strong
1	2	3	4	5

**Sexual Attitude Questions:** Please check your agreement or disagreement)

**COMMENTS**

	<b>Agree</b>	<b>Disagree</b>	
35. Compared to other men, my sexual drive is very strong.	_____	_____	_____
36. I think about sex about 50% to 80% or the time.	_____	_____	_____
37. People have told me I'm obsessed with sex.	_____	_____	_____
38. Men generally have a stronger sexual drive than women.	_____	_____	_____
39. Women should respond willingly to a man's sexual needs.	_____	_____	_____
40. I should be entitled to sex when I need it.	_____	_____	_____
41. I use sex to relieve anxiety and stress.	_____	_____	_____
42. I need sex to feel good about myself.	_____	_____	_____
43. Sex helps me get over being angry and upset.	_____	_____	_____
44. I have had sexual thoughts that disturb me.	_____	_____	_____
45. I have felt my sexual urges could get me in trouble.	_____	_____	_____
46. You have been interested in unusual sexual activities.	_____	_____	_____
47. Women who get raped probably deserve it.	_____	_____	_____
49. Women have played with me sexually by leading me on.	_____	_____	_____
50. Some children are mature enough to enjoy sex with adults.	_____	_____	_____
51. Sex with children can help them feel close to adults.	_____	_____	_____
52. A child who doesn't resist being sexually touched is OK with it.	_____	_____	_____