



VITAE
Christa D. Smelko, Psy.D.
Licensed Psychologist

25 S. Ewing Street, Suite 416
Helena, MT 59601
Office: 406/282-1744
Cell: 406/422-9722
Fax: 406/502-1197
christasmelko@gmail.com

capitalcityconsultants@gmail.com <http://www.capitalcityconsultantsonline.com>

LICENSURE STATUS

MONTANA: LICENSE NUMBER 400
COLORADO: LICENSE NUMBER 2989

ADDITIONAL CREDENTIALS/AFFILIATION

Montana Sex Offender Association-Full Clinical Member
Montana Psychological Association
National Registry of Health Care Providers
International Association of Forensic Mental Health Services
American Psychology-Law Society
Legal Information Institute-Cornell Law School
American Academy of Clinical Neuropsychology
National Academy of Neuropsychology

EMPLOYMENT HISTORY

CURRENT EMPLOYMENT:

Capital City Consultants
Helena, Montana
Dates: April 2010 – Present
Title: Vice President/CEO

Duties: Duties: I am Cofounder of a private practice that provides comprehensive mental health services to counties throughout Montana and the greater Northwestern Region. Among other services, sex offense specific evaluations for adult and adolescent populations are provided to referring parties such as the courts, attorneys, and treatment providers. Evaluations provided range from Neuropsychological evaluations, Psychosexual Risk Assessments, Competency (Fitness to Proceed), Sanity (Mental Disease and Defect), Violent Predator Assessments, Death Penalty Mitigation and Clemency, Neuropsychological, Psychological, Abel, Affinity, Fitness to parent (DN), Custody evaluations, Guardianship, Miranda Rights/Search and Seizure, and Tort Law related matters and Veterans evaluations. I also provide consultation/evaluation services regarding Reality Impairment, Eye Witness Testimony Issues, Child Sexual Abuse/Abuse allegations, and Developmental Disability issues, and Conduct, Trauma and Social/Emotional assessments. Capital City Consultants provides a wide array of psychological services and a comprehensive list of those services can be provided upon request.

Shodair Children's Hospital

Helena, Montana

Dates: May 2010 – Present

Title: Licensed Psychologist-Medical Genetics Department, New Born Screening and Follow-Up Clinics: May 2010-Present

Duties: Provide quality psychological services to a diverse population in the genetics department and new born screening and follow-up clinics. Provide quality psychological services in a range of treatment in the inpatient and residential settings. Provided psychological and neuropsychological evaluations and psychoeducational training and consultation including recommendations for diagnosis, treatment, and service delivery.

Participates in assuring that the quality of patient care remains high through participation in staff meetings and feedback sessions with family and treatment teams. Provides information and participates in peer review process. Provides services within the framework of hospital quality assurance programs. Provides education for staff, patients, and the community on a variety of topics and areas of need. Assist with general program development, implementation, and oversight including community outreach and programming.

Title: Director of Psychology-Psychiatric Department: May 2010-December 2015.

Duties: Provided direct oversight and supervision to the psychology and speech and language department. Provided quality psychological services in a range of treatment in the inpatient and residential settings. Provided psychological and neuropsychological evaluations, risk assessments (violence/psychosexual), and psychoeducational training and consultation including recommendations for diagnosis, treatment, and service delivery placement for children and adolescents.

Participated in assuring that the quality of patient care remains high through participation in staff meetings and feedback sessions with family and treatment teams. Provides information and participates in peer review process. Provides services within the

framework of hospital quality assurance programs. Provides education for staff, patients, and the community on a variety of topics and areas of need. Assist with general program development, implementation, and oversight including community outreach and programming.

PAST PROFESSIONAL EXPERIENCE:

Steel City Consultants/Private Practice

Pueblo, Colorado

Dates: August 2005 - 2018

Title: Cofounder and currently a Professional Consultant to a private practice that provides comprehensive mental health services to Pueblo and surrounding counties. Psychological and forensic services include but are not limited to: Sex offense specific evaluations for adult and adolescent populations are provided to referring parties such as the courts, attorneys, and treatment providers. Evaluations provided range from Psychosexual Risk Assessments, Violent Predator Assessments, PPG, Abel, Affinity, and Parental Risk Assessments, Custody evaluations, "parental fit" evaluations, assessment of parent child interactions, parental supervision. Psychological, cognitive, personality, neuropsychological, and risk assessments and malingering and competency evaluations. Individual, family and group therapy, for clients across the cultural, economic, developmental and diagnostic spectrum.

Colorado Mental Health Institute-Pueblo: Institute for Forensic Psychiatry

Pueblo, Colorado

Dates: January 2007 – April 2010

Duties: To complete Restoration Reports and Competency Evaluations to expedite progression of Observation and Incompetent to Proceed legal statuses. Identify and interpret psychological assessments appropriate to the question of competency or restoration and to assist in Sanity/Mental Status Examinations. Assess competency and feigning among multi-diagnostic and difficult-to-treat individuals who are anticipating significant legal consequences, including juveniles. Develop and deliver to court, via expert testimony, professional opinion regarding diagnosis, personality characteristics and legal issues. Assist in providing competency restoration and assessment training as well as data collection pertaining to Incompetent to Proceed patients. Participate in quality assurance reviews. Was deemed an expert witness in multiple judicial districts and completed over 600 competency examinations.

El Pueblo Adolescent Treatment Program

Pueblo, Colorado

Dates: May 2005-February 2007

Duties: Work within a residential treatment center including consultation and coordination with all departments (clinical, medical, education, milieu, human resources). Provide crisis intervention, individual, group, family therapy and case management services to at risk youth with diverse cultural, economic and diagnostic backgrounds. Formulate and monitor treatment and behavioral plans. Participate in utilization reviews, foster care reviews, individualized education plans, program development, quality

assurance and milieu programming. Facilitate meetings and provide training for clinical and milieu staff. Network with community agencies such as Probation, Parole, Department of Human Services, District Attorney and Department of Youth Corrections. Provide cognitive and psychological/personality testing to assist with differential diagnosis. Provide treatment and evaluation for sexually offending youth. Assisted in program development and overseeing/implementing services for the dual diagnostic program for the developmentally delayed. Supervise internship and practicum students.

St. Mary Corwin

Pueblo, Colorado

Dates: September 2003 – April 2006

Duties: Psychiatric Liaison for the Emergency Department and medical units. Provide assessment, referrals to outpatient resources or inpatient hospitalization, crisis intervention, support during trauma cases, and brief individual and family counseling. At times it is necessary to work closely with the Pueblo Police Department and the Department of Human Services as well as other referral agencies.

Creative Innovations, Inc.

Phoenix, Arizona

Dates: August 2000 – August 2002

Duties: Provided home based, individual, couples, family and substance abuse counseling to juvenile delinquents age 8-18. Conducted intake assessments and psychological evaluations. Conducted crisis intervention, life skills training, vocational rehabilitation, career planning, and parenting skills. Provided case management and treatment services including consulting with schools and social services. Designed and implement treatment plans, coordinated services, maintained appropriate records, and participated in court proceedings for pre-adjudicated and adjudicated children and adolescents. Participated in outreach services and program development.

Southwest Behavioral Health Centers

Scottsdale, Arizona

Dates: July 1998- August 2000

Duties: Conducted individual, group, family, and substance abuse counseling to chronically mentally ill women age 18-80 in a residential treatment facility. Provided crisis intervention, life skills, and pre-vocational training. Also provided case management and treatment services. Designed and implemented treatment plans. Screened potential residents. Coordinated services and created and maintained appropriate records. Facilitated outreach programs, evaluation research, and program administration.

Lovaas Program Therapist

Residential Counseling Service

Rockford, Illinois

Dates: January 1998 – June 1998

Duties: Implemented behavior modification techniques to teach life skills, communication, and social skills to autistic children. Assisted in designing treatment plans and coordination of services.

POST DOCTORAL CLINICAL EXPERIENCE:

St. Mary Corwin

Pueblo, Colorado

Dates: September 2003-April 2005

Duties: Work with a multidisciplinary treatment team in a hospital setting. Conduct clinical assessments, referral and treatment recommendations, and crisis intervention for medical and psychiatric patients. The position often requires working as liaison between the two populations and the multiple team members. Provide consultation and evaluative services for psychological, neuropsychological, and cognitive testing. Provide education, assessment, treatment recommendations, and referral sources as well as facilitate support groups for diabetic patients and their families. Other services include individual, family, and group therapy, case management, and program development for the inpatient behavioral health unit.

Devereux Cleo Wallace- Colorado Springs

Colorado Springs, Colorado

Dates: October 2003-June 2004

Duties: Work within an adolescent residential treatment center. Provide individual, family and group therapy for culturally and economically diverse patients across the developmental spectrum with a range of diagnostic impressions. Assisted in program development and implementing services for the dual diagnostic program for the developmentally delayed. Provide crisis intervention, life skills training, vocational rehabilitation, intensive sexual offender and survivor of traumatic experiences, and substance abuse counseling. Act as a consultant to assist in appropriate school and classroom placement for adolescents with emotional, developmental, and behavioral difficulties. Attend foster care reviews and assisted with Individualized Education Plan meetings. Coordinated outpatient services and discharge planning. Served as an advocate for adolescents in the legal system (work with probation officers and attend court hearings). Was afforded the opportunity to participate in program development and quality assurance reviews. In addition, supervised practicum students' individual and family cases, performed on-call duties, pre-certification and re-certification for insurance benefits (utilization reviews), head treatment plan reviews, behavioral support plans, staff training, milieu programming, and assisted in triaging patients.

GRADUATE and PRE-DOCTORAL CLINICAL EXPERIENCE:

Pre-Doctoral Internship Program in Clinical Psychology

University of Utah Neuropsychiatric Institute –APA accredited

Salt Lake City, UT

Dates: August 2002- August 2003

Duties: Worked within a multidisciplinary setting on the child, adolescent, and adult inpatient units and child and adolescent day treatment programs. Provided individual, family and group therapy for culturally and economically diverse patients across the developmental spectrum with a range of diagnostic impressions (Mood disorders, Psychotic Disorders, Personality Disorders, Pervasive Developmental Disorders, Mental Retardation, Neurological Disorders, etcetera.) Provided crisis intervention, life skills training, vocational rehabilitation, and substance abuse counseling. Conducted psychological, psycho educational, cognitive, and neuropsychological assessments. Acted as consultant to assist in appropriate school and classroom placement for children and adolescents with emotional, developmental, and behavioral difficulties. Attended foster care reviews and assisted with Individualized Education Plan meetings. Coordinated outpatient services. Was afforded the opportunity to participate in program development and attend various committees including the Utilization Review committee and Ethics committee. In addition, supervised practicum students' individual and family cases, performed on-call duties, and assisted in triaging patients. Provided case management and outpatient therapy to individuals and families.

Graduate Clinical Experience

Arizona State Hospital

Phoenix, Arizona

Dates: September 2000 – August 2001

Duties: Provided individual, group, family, sexual abuse/trauma and substance abuse counseling to seriously mentally ill children, adolescents and adults with behavioral and affective difficulties in an inpatient setting. The primary population consisted of children and adolescents age 4-18 from culturally and economically diverse backgrounds. Areas addressed consisted of Pervasive Developmental Disorders, Autism Spectrum disorders, Attention/Deficit-Hyperactivity Disorder, Oppositional Defiant/Conduct Disorders, Mood Disorders, Psychotic Disorders, Anxiety Disorders, and Trauma/Post Traumatic Stress Disorders. In addition, individual therapy was provided for children and adolescent sexual perpetrators. Worked with a multidisciplinary team in the formulation and implementation of treatment plans, case management, and crisis intervention. Administered and interpreted integrative diagnostic psychological, neuropsychological, and psycho educational evaluations and risk assessments. Assessed and educated juvenile delinquents court ordered for restoration to competency. Conducted discharge planning and facilitated research and program development. Formulated and conducted the adolescent sexuality and abandonment and loss groups.

Glendale Elementary School District

Glendale, Arizona

Dates: November 1999- May 2000

Duties: Worked with a multidisciplinary team in the formulation of individualized education and treatment plans for culturally and economically diverse students age 5-12. Specifically, discussed strengths and weaknesses of individual children and methods to increase academic achievement and decrease disruptive behaviors within the classroom

setting. Administered and interpreted integrative diagnostic psychoeducational evaluations. Facilitated a social skills group for Behavior Modification and Self-Contained Classes. Discussed relevant issues regarding individual student's social/emotional status, cognitive abilities, and therapy needs. Assessed for sexual and physical abuse. Participated in an outreach program to assist families in need. Provided individual therapy and family therapy.

Adobe Mountain Juvenile Corrections Center

Phoenix, Arizona

Dates: June 1999- November 1999

Duties: Worked with juvenile offenders age 7-18 in a medium security facility providing individual and family therapy, substance abuse counseling, and assessment of psychological issues and educational needs. Worked with a multidisciplinary team in the formulation of individualized education and treatment plans for the juveniles. Conducted psychological, neuropsychological, and risk assessments. Participated in staff meetings to determine the social/emotional status of the juveniles and set tentative discharge dates and aftercare planning. Assisted in formulating alternative housing and assessing probation issues regarding juveniles pending release. Co-facilitated groups for adolescent sexual perpetrators and trauma/abuse victims.

Arizona School of Professional Psychology

Phoenix, Arizona

Dates: June 1998 – August 2003

Duties: Teaching assistant for various clinical courses including psychological assessment. Provide instruction as well as grading assignments and tests.

Janet Wattles Mental Health Center

Rockford, Illinois

Dates: January 1998- June 1998

Duties: Provided individual and group therapy to adult mentally ill clients in an outpatient facility. Facilitated several outpatient groups including an intensive day treatment program and Dialectical Behavior Therapy Groups for clients diagnosed with Borderline Personality Disorder. Supervised outings and assisted with case management within the community.

PROGRAM DEVELOPMENT:

Colorado Mental Health Institute

Pueblo, Colorado

2008 -2009

Duties: Co-facilitated the development of the Practice Guidelines for Forensic Psychiatric Evaluation of Competency to Stand Trial. Also, co-facilitated in the development and implementation of quality assurance and programmatic changes within the Court Services Department and oversight of new employees entering the department.

Shodair Children's Hospital

Helena, Montana

2010 – Present

Duties: Co-facilitate the restructuring and ongoing development of the Newborn Screening and Metabolic Follow-Up Clinics. Provide guidance for the utility and implementation of neuropsychological evaluation for the Genetics and Metabolic departments. Gather data regarding best practices in the treatment of youth with serious mental illness and their families. Assist in implementing best practices by facilitating changes in programming and treatment interventions and providing education to staff members and the community. Assist in community outreach and education to assist in continuity of care and facilitate wrap around services.

CURRENT VOLUNTEER LEADERSHIP POSITIONS:

Co-Chair of the Montana Sex Offender Treatment Association Ethics Committee

RELEVANT PROFESSIONAL EXPERIENCES:

Presented and Lectured on the Following:

Neuropsychology in Genetics, August 2019

Neuropsychology and Genetics, July 2018

Functional Capacity Assessments: Best Practices (guardianship, conservatorship, testamentary and investment capacity), August 2016

Influence of Environment and Adverse Childhood Experience in Neurobehavioral Outcomes, August 2016

Neuropsychological Impairment and Emotionally Disturbed Children, October 2014, Great Falls, Montana

Guest Speaker for Child Development class, Carroll College: Genetics and Environmental Factors in Child Development, Genetic Testing, and Genetic/Metabolic Disorder. Spring 2012, fall 2012 and Spring 2013.

Genetic and Metabolic Diseases/Neurotoxins In Utero: Etiology, evaluation, and Interventions, September 2012

The Death Penalty, Forensic Assessment, and Neuroscience

Missoula, MT University of Montana Law School and Office of the Public Defender Joint Conference August 2012 Duties: As part of a Federal Grant a comprehensive review of case law, history, and the role of psychologists in capital cases was presented.

A Review and Reconceptualization of Social Aggression: Adaptive and Maladaptive Correlates and risk variables, April 2012

The Utility of Neuropsychological Evaluations in Criminal Cases, October 2011, Juvenile Risk Assessment, Violence and Sexual Recidivism, 2011

Social and Genetic Aspects of Turner, Williams-Beuren, and Fragile X Syndromes, April 2011

Inutero Exposure to neurotoxins, Summer 2010, Havre, Montana

Assessing Competency to Proceed and Malingering, September 2009

Evaluating Juvenile Adjudicative Competence, July 2009

Evaluation of Competency to Proceed, April 2009

Sanity/Mental Health Condition/Culpable Mental State, January 2009

Difficult Case Conference, Involuntary Medication and Psychiatric Hospitalization, June 2008

Difficult Case Conference, Court Testimony/Admissibility of Evidence, April 2008
Suicide In-Service, 2008

Forensic Psychiatric Evaluation of Defendants Raising the Insanity Defense, 2007

Restorative Justice, El Pueblo, July 2006

Attachment and Childhood Disorders, 2006

Child Development and Behavior, 2005

Treatment and assessment issues across the developmental spectrum
(Medical/Psychiatric), 5/2004

Case Conceptualization and Formulation of Treatment Plans and Interventions, April 2001

EDUCATION

Argosy University, Phoenix, Arizona-APA accredited facility

(Full APA Accreditation)

August 2000- August 2003

Degree: Doctorate in Clinical Psychology

Minor: Forensic Psychology

Arizona School of Professional Psychology, Phoenix, Arizona-APA accredited facility

(Full APA Accreditation)

June 1998-August 2000

Degree: Master of Arts in Clinical Psychology

Minor: Forensic Psychology

Rockford College, Rockford Illinois

August 1996- May 1998

Degree: Bachelor of Science in Psychology

RESEARCH

Shodair Children's Hospital:

Dates: January 2011

Biomarin PKU 016 study

Duties: Preparation for being a potential site to conduct psychological assessments throughout a clinical trial of Kuvan, assessing for neurocognitive improvements with initiation of the medication for individuals diagnosed with Phenylketonuria.

Abdallah F. Elias, Norman J. Haughey, Kathleen Mackey, Tessa Pitman, Alan W. Thomas, Venkata R. Bandaru, Christa D. Smelko, Sara Wakefield, Samuel P. Yang. "Dysregulation of Central Nervous System Sphingolipid Metabolism as a Unifying Mechanism for Neuro-cognitive Manifestations of Gaucher Disease and HIV Infection".

Poster session presented at: Annual Meeting of the American Society of Human Genetics 2012 Nov 6-10; San Francisco, CA.

Rockford College:

Rockford, Illinois

Dates: January 1998- May 1998

Duties: Assisted in conducting research regarding the mind/body connection with physical ailments such as asthma. Recruited participants and collected and analyzed data.

Doctoral Dissertation:

Juvenile Adjudicative Competency: A Comprehensive Review of the Literature

Ongoing Education and CEU's and References available upon request

A handwritten signature in cursive script, appearing to read 'C. D. [unclear]'. The signature is written in dark ink on a white background.